

BOOST HEALTHY PRODUCTIVITY EXERCISES

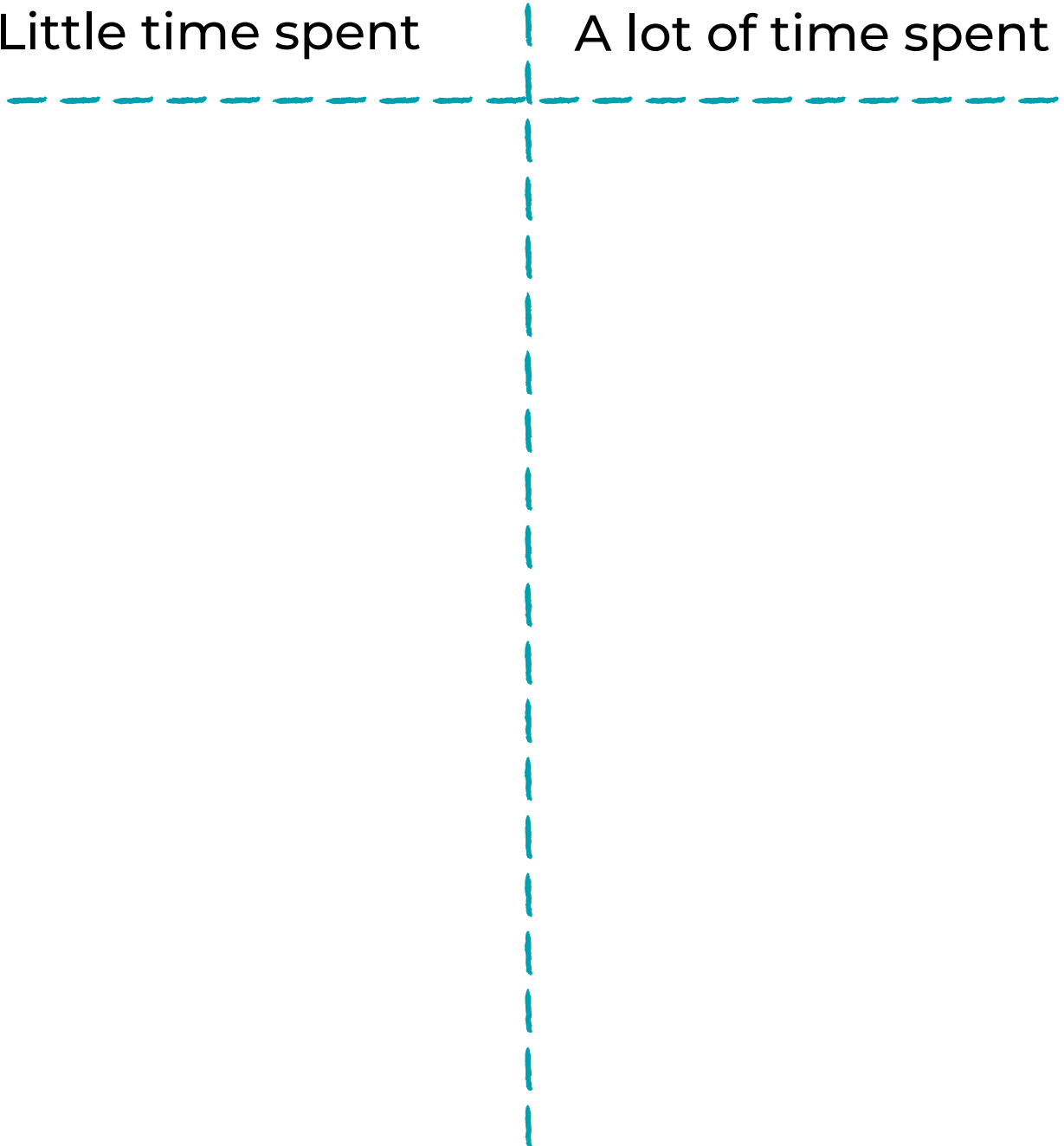
TIME

TIME

CHECK YOUR TIME

Little time spent

A lot of time spent



TIME

Little
time spent

A lot of
time spent

Low
Importance

High
Importance

	1	2
	3	4